



OSHALA FARM

APPLEGATE VALLEY, OR

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| Angelica | Angelica archangelica |
| Artichoke | Cynara scolymus |
| Anise Hyssop | Agastache foeniculum |
| Ashwagandha | Withania somnifera |
| Astragalus | A. Membranaceus |
| Blue Vervain | Verbena hastata |
| Boneset | Eupatorium perfoliatum |
| Borage | Borago officinalis |
| Burdock | Arctium lappa |
| Calendula | Calendula officinalis |
| California Poppy | Eschscholzia californica |
| Catnip | Nepeta cataria |
| Cayenne Pepper | Capsicum annum |
| Chamomile | Matricaria recutita |
| Chicory | Cichorium intybus |
| Comfrey | Symphytum officinale |
| Dandelion | Taraxacum officinale |
| Echinacea | Echinacea purpurea |
| Elecampane | Inula helenium |
| Feverfew | Tanacetum parthenium |
| Hyssop | Hyssopus officinalis |
| Lemon Balm | Melissa officinalis |
| Marshmallow | Althaea officinalis |
| Motherwort | Leonurus cardiaca |
| Mugwort | Artemisia vulgaris |
| Mugwort, Western | Artemisia ludovi |
| Mullein | Verbascum thapsus |
| Nettle | Urtica dioica |



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| | |
|-------------------------|--------------------------------|
| Oat Tops | <i>Avena sativa</i> |
| Oatstraw | <i>Avena sativa</i> |
| Oregano | <i>Origanum vulgare</i> |
| Parsley | <i>Petroselinum crispum</i> |
| Pedicularis | <i>Pedicularis densiflora</i> |
| Peppermint | <i>Mentha piperita</i> |
| Plantain | <i>Plantago major</i> |
| Rosemary | <i>Rosmarinus officinalis</i> |
| Rue | <i>Ruta graveolens</i> |
| Sage | <i>Salvia officinalis</i> |
| Saint John's Wort | <i>Hypericum perforatum</i> |
| Self Heal | <i>Prunella vulgaris</i> |
| Skullcap | <i>Scutellaria lateriflora</i> |
| Spearmint | <i>Mentha spicata</i> |
| Spilanthes | <i>Spilanthes acmella</i> |
| Sweet Annie | <i>Artemisia annua</i> |
| Thyme | <i>Thymus vulgaris</i> |
| Tulsi, Kapoor | <i>Ocimum x. africanum</i> |
| Valerian | <i>Valeriana officinalis</i> |
| White Sage (Cultivated) | <i>Salvia apiana</i> |
| Wild Bergamot/Bee Balm | <i>Artemisia absinthium</i> |
| Wormwood | Wormwood |
| Yarrow | <i>Achillea millefolium</i> |
| Yellow Dock | <i>Rumex crispus</i> |



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